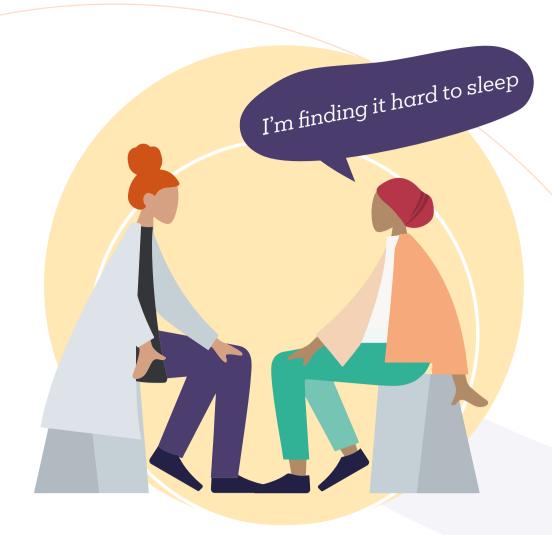


Husna's Journey

FLOWS provide legal advice and support to help women like Husna get the legal protection and support they need.





Crisis

Husna has gone to visit her GP because she is finding it difficult to sleep at night.

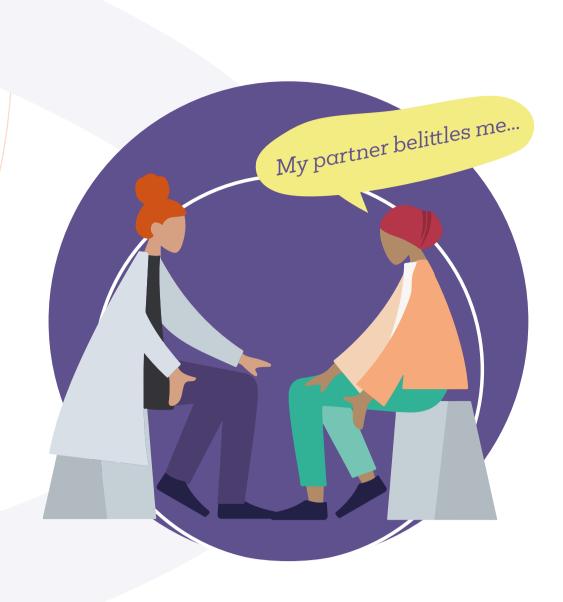
Husna doesn't know what to do

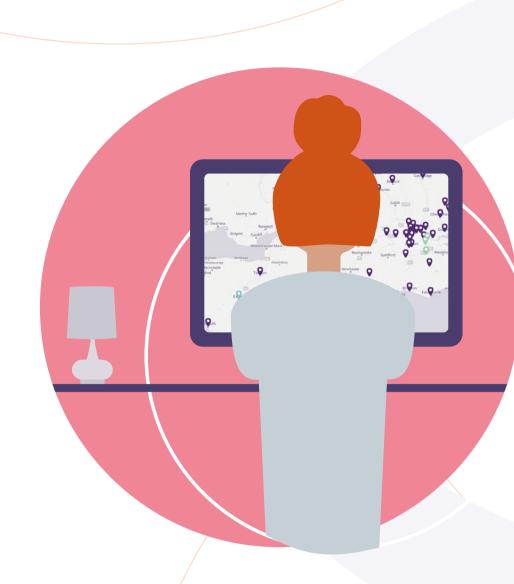


Disclosure

Husna finds the courage to tell her GP that her partner frequently puts down her appearance, belittles her and stops her from seeing her friends and family.

Husna feels a little better to finally get things off her chest







Referral

The GP helps Husna by using the FLOWS service map to locate a local domestic abuse charity that could help her.

Husna feels like she might actually have a way out

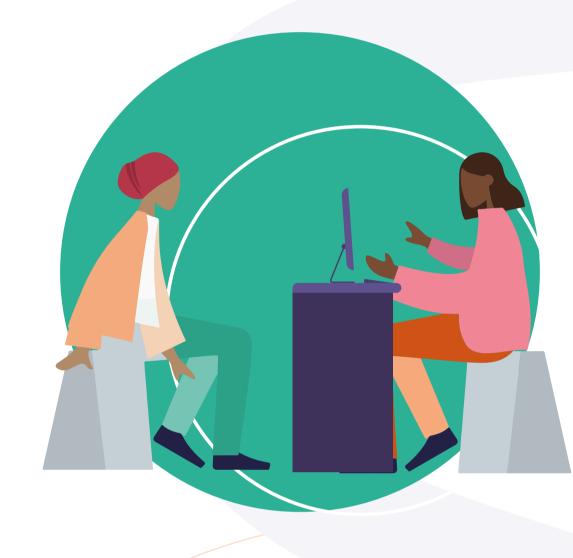


Reassurance

Husna is reassured by the GP telling her that the charity will do all they can to help her with whatever she decides to do.

Husna feels relieved that there is someone to turn to







Support

The support worker talks her through the options and tells her that she can get legal assistance to stop her partner hurting her by getting a protective court order. She can even do this online.

Husna finally feels like she has some options

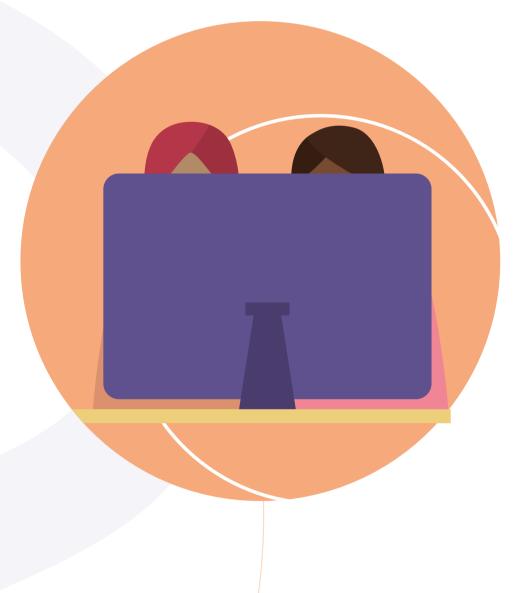


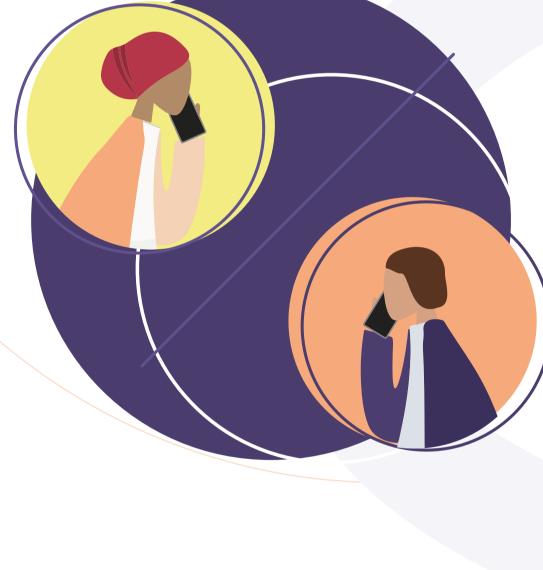
Apply

Husna logs into CourtNav with the support worker's assistance. They fill in the online form together and send it off for one of the accredited family law solicitors to get back in touch with her.

thing as she talks about what's happened

Husna feels more sure she's doing the right







Review Husna speaks to a really nice solicitor on the phone who reassures her that

she has a strong case and that they just need to make a few changes to the information she has added. Husna feels more confident with the help of a professional solicitor

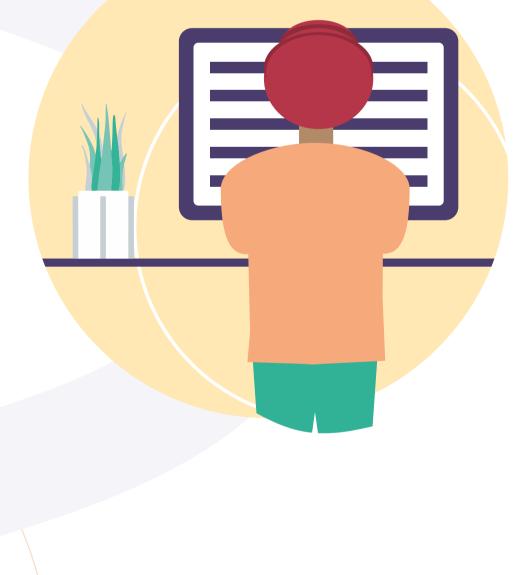


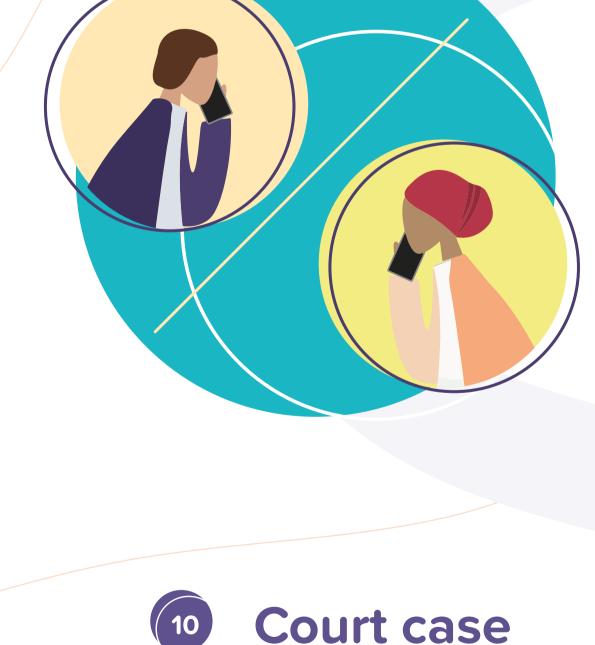
Husna goes through the comments the solicitor has added and agrees to the changes the solicitor has suggested.

Revise

Husna feels relieved to finally have everything down on

paper that's happened to her







that she is **ready for court** and that she has a date for the hearing.

Ready for court

The solicitor gets in touch and says

Husna is looking forward to this all being over



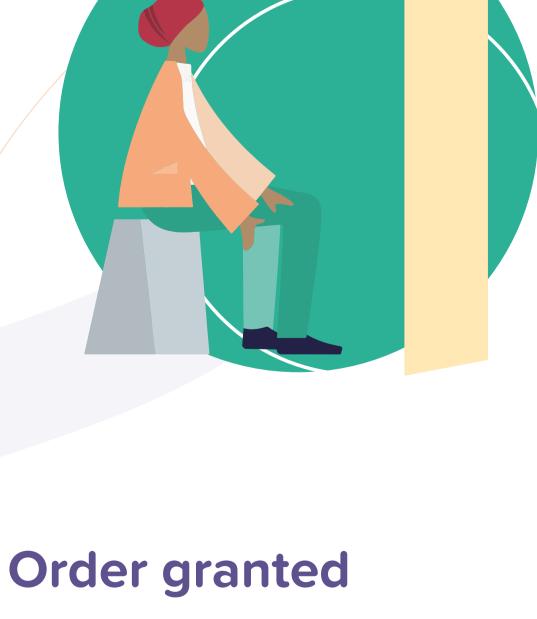
with the court so that she won't need to see him.

Husna feels nervous about going to court

The day arrives, Husna is really

worried about seeing her partner but

her solicitor has made arrangements







Husna's partner will not be allowed to make any threats to her or contact her in any way, including by social media.

The judge grants the court order,

The journey hasn't been easy, but Husna knows she made the right decision



Next steps Husna's ready for the next steps, the

domestic abuse charity has a weekly drop-in group that she starts attending. It's so helpful to meet other women who have been through similar experiences.

Husna finally feels safer and like she can start to move on with her life

